



On May 15, 2025, join 8th district **State Senator Paul Honig**, Simsbury residents, and regular bike commuters from the Farmington Valley to bike to the Greater Hartford Bike to Work Day Celebration at the Old State House in Hartford. Two routes and multiple meetup locations are planned. Local cyclists can also bike to a Park and Ride meetup location, then catch a <u>CTtransit</u> bus to the Hartford event. (Two standard bikes can be transported on a CTtransit bus. <u>Learn more</u>). Retirees and cyclists who work from home are also welcome to join the ride.

All riders must be able to ride 12-18 miles with some climbs, and be comfortable riding in a group and in traffic. Bikes must be in good condition and wearing a helmet is required.

Meet at 6:05 AM at the Iron Horse Park & Ride in Simsbury, and be ready to ride at 6:15.

Talcott Mountain Group, led by an experienced local bike commuter, will ride to the Winslow Place Park & Ride in Weatogue to pick up more riders, leaving at 6:30. The route is 12 miles to the Old State House in downtown Hartford (10 miles from Winslow Place), following Route 185 (Simsbury Road) over Talcott Mountain past Penwood State Park. This is a 5 to 10 minute climb averaging 4% and with sections at 9%. There's traffic but wide, shoulders, followed by a long, fast descent. The group will take a slow pace and regroup before continuing on to Hartford. See Route

Alternate Route: If there's enough interest, a Tariffville/East Coast Greenway (ECG) Group will ride at 6:15 from Iron Horse Park & Ride through Tariffville to the Bloomfield Greenway Multi-use Trail. Riders may join in at the trail parking lot at Old St. Andrews Episcopal Church (OSA) in Bloomfield at 6:40. This 17.5 mile route (12.5 miles from OSA) follows the ECG on roads into Hartford and has one climb on Route 315 (Tariffville Road) into Tariffville. A ride leader may not be provided. Contact Dan Carr (see below) for an update. Preliminary Route

Group photos will be taken at the Old State House at the Bike to Work Celebration. Cyclists can also skip the festivities and head straight to work as needed.

Riders are expected to be safe and respectful of each other and car traffic on the rides, and review key rules and expectations before we head out.

For more information contact Dan Carr at (860) 670-6742 or d.g.carr@comcast.net.