

Simsbury Bike Challenge

Road Bike Rides

Saturday April 30, 2016

"B" Level Ride – 9:00 a.m.

A 30-40 mile road bike ride for experienced cyclists, with an average speed in the range of 15-17mph. Terrain may include some long climbs, and faster riders may pick up the pace in certain sections. However, there will be regrouping at the tops of hills or at major intersections. Riders should be self-sufficient and carry water, tools, and a spare tube. Helmets are mandatory, and ear buds or headphones are not allowed. Riders are expected to obey all CT traffic laws.

"C" Level Ride – 9:00 a.m.

A 25-30 mile road bike ride for beginner or intermediate road cyclists, with an average speed in the range of 13-15 mph. Terrain will be relatively flat and the group will stay together for the ride. Riders should carry their own water, tools and a spare tube. Helmets are mandatory, and ear buds or headphones are not allowed. Riders are expected to obey all CT traffic laws.

All riders must sign an insurance waiver.