



Greater Hartford BIKE TO WORK DAY

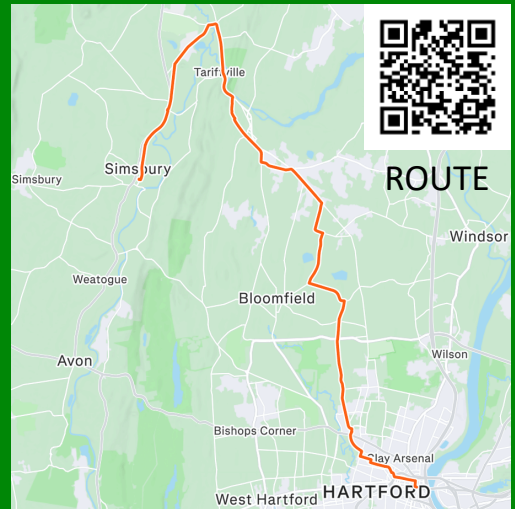
Old State House, Hartford, 7-10 AM

Thursday May 14, 2026

Simsbury Bike to Work Day Ride

6:30 a.m. meet-up at Iron Horse Blvd. Park & Ride

Join local bike commuters and CT Senator Paul Honig for a 19-mile group ride to the Hartford event at the Old State House via the Tariffville-Bloomfield Greenway and on-road route. Meet at the start or drop in along the route. Learn more at www.simsbury.bike.



- 6:30 Iron Horse Blvd. Park & Ride, Simsbury
- 6:50 Tariffville Greenway at Rt. 189/Elm St.
- 6:55 Old St. Andrew's trail parking, Bloomfield
- 7:20 Day Hill Rd. trail parking lot, Bloomfield
- 7:45 Old State House, Hartford



GREATER HARTFORD
BIKE to WORK DAY

Thursday, May 14
7:00 AM - 10:00 AM

Grab your bike and start your morning with fresh air! Join us for a scenic group ride to the Old State House. It's good for your heart, your city, and the air we breathe.

Meeting Spot:
BIC West (610 New Park Ave.)
Or, contact your local bike organization for a ride near you.
We ride out at 7:15 AM.

The Finish Line:
Connecticut's Old State House (300 Main St)
Arrival at 8:00 AM

Event Highlights:

- FREE Coffee & Pastries
- Guest Speakers start at 8:15 AM
- Bikes on Bus Demo
- Group Ride to Hartford

Can't make it to the ride?
Meet us there with your local squad or make a solo trip. All attendees are welcome.
Join the **Drive Less CT Challenge** and log your bike trip for a chance to win a prize!
More info at CTrides.com/DLC

CT rides
New cars. Better lives.

CTDOT
Connecticut Department of Transportation



Learn more at www.Simsbury.Bike.