



# Bike Commuting

*Stay Fit 🌿 Fight Pollution 🌿 Save Money  
Avoid Traffic Delays 🌿 Enjoy Your Commute\**



## Bike Commuting Resources

There are many blogs and resources online. Google it! Here are a few:

- Smart Cycling – Commuting - League of American Bicyclists\*  
<https://bikeleague.org/ridesmart/commuting/>
- Ice Bike <http://www.icebike.org/> (search “commuting” for several articles)
- [www.adventurecycling.org/cyclosource-store](http://www.adventurecycling.org/cyclosource-store) - This is a great resource for cycling equipment. While target is for bike touring, most also apply to bike commuting.
- <http://www.active.com/cycling/articles/bike-commuting-tips>
- Bike Commuting Resources from Two Wheel Gear  
<https://twowheelgear.com/pages/commuters-resources>

## Bike Education

- Smart cycling, League of American Bicyclists [www.bikeleague.org/ridesmart](http://www.bikeleague.org/ridesmart)
  - Free online modules <https://learn.bikeleague.org/products/smart-cycling-2>
- Cycling Savvy <https://cyclingsavvy.org/>
- Virtual Classroom- Bike Commuting 101 with Bike New York  
<https://www.bike.nyc/education/classes/bike-commuting-101/>

## Local Resources

- [www.simsbury.bike](http://www.simsbury.bike) – news, events, rides, resources, education, newsletter, and more
- [Simsbury.bike on Facebook](#) - the social media voice of Simsbury bike and pedestrian advocacy including news, events, rides, resources, education and more.
- Bike commuter mentor – let us match you with a local bike commuter. Contact us at [challenge@simsbury.bike](mailto:challenge@simsbury.bike)
- CTrides incentive program and resources for Connecticut commuters [www.ctrides.com](http://www.ctrides.com)
- [CTtransit Bikes on Board](#) – info. on putting your bike on a CTtransit bus

\*\*\*Get involved in local bike advocacy and events. Contact [challenge@simsbury.bike](mailto:challenge@simsbury.bike).\*\*\*



When you can,  
**Bike-To-It!**

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